

# THE BIBLE STUDY PROGRAM

## WEEK 104 – Psalm 141 – 146 & Hebrews 3 – 4

**Overview** – This study is a 6 day program covering both the Old Testament (OT) and the New Testament (NT). This study program is to take place on a daily basis (Monday through Saturday). The study will involve reading/studying 6 OT chapters and 2 NT chapters per week. The OT chapters will only be covered 1 time with the NT chapters being covered 3 times. Depending on reading speed, chapter length, etc., total study time should take approximately 15 to 30 minutes a day. In other words, by simply dedicating **only** about 15 to 30 minutes a day (6 days a week) to Bible study, **in roughly 2 ½ to 3 years, you will have read and studied the entire Bible.** If followed, you will have read the OT once and the NT three times, while studying through the entire Bible. The KJV (King James Version) is used to prepare the questions.

**How it works** – Read, study, and/or answer questions as outlined below. Place an “x” in the blank after you have completed each day’s study. If you are unable to do the study on the set day, either try to “double up” and get back on schedule or if you get several days behind, simply skip to the current day’s schedule. If necessary you can always come back weeks or months later and study the chapters you missed. You will be able to identify any missed chapters easily if you consistently mark your studied chapters with an “x.” Practically speaking, however, this is not advisable and the student is encouraged to “stay on the daily schedule.” In short, this program will not work, if you do not commit yourself to a daily study habit. We also suggest that the student keeps the weekly study program sheets in a 3 ring binder for easy reference. It is likewise necessary that everyone in the local congregation who is involved in this study program get together weekly or at least biweekly to review the questions and answers.

WEEK 104 – ( \_\_\_\_ / \_\_\_\_ / \_\_\_\_ ) to ( \_\_\_\_ / \_\_\_\_ / \_\_\_\_ )

1. **Sunday** – Worship/Time With Family/Review Answers With Others
2. **Monday** –
  - 1) OT – Psalm 141 (Read & Answer Questions) \_\_\_\_\_
  - 2) NT – Hebrews 3 (Read) \_\_\_\_\_
3. **Tuesday** –
  - 1) OT – Psalm 142 (Read & Answer Questions) \_\_\_\_\_
  - 2) NT – Hebrews 3 (Read & Answer Questions) \_\_\_\_\_
4. **Wednesday** –
  - 1) OT – Psalm 143 (Read & Answer Questions) \_\_\_\_\_
  - 2) NT – Hebrews 3 (Read & Word Study/Research) \_\_\_\_\_
5. **Thursday** –
  - 1) OT – Psalm 144 (Read & Answer Questions) \_\_\_\_\_
  - 2) NT – Hebrews 4 (Read) \_\_\_\_\_
6. **Friday** –
  - 1) OT – Psalm 145 (Read & Answer Questions) \_\_\_\_\_
  - 2) NT – Hebrews 4 (Read & Answer Questions) \_\_\_\_\_
7. **Saturday** –
  - 1) OT – Psalm 146 (Read & Answer Questions) \_\_\_\_\_
  - 2) NT – Hebrews 4 (Read & Word Study/Research) \_\_\_\_\_

# WEEK 104 – DAILY PROGRAM

1. **Sunday** – Worship/Time With Family/Review Answers With Others

2. **Monday** –

1) Psalm 141 – Read & Answer Below

- a) The psalmist asks that his \_\_\_\_\_ be set before God “as incense.”
- b) Referencing God, in what verse does the inspired penman write, “...keep the door of my lips?”
- c) In Psalm 141:4 we find the psalmist saying, “Incline not my \_\_\_\_\_ to any \_\_\_\_\_ thing, to practice \_\_\_\_\_ works....”
- d) What type of person does the psalmist desire to smite/reprove him?
- e) Psalm 141:8 reads, “But mine eyes are unto Thee, O God the Lord: in Thee is my \_\_\_\_\_....”
- f) What verse in this chapter refers to the gins/traps “of the workers of iniquity?”
- g) In Psalm 141:10, David declares, “Let the \_\_\_\_\_ fall into their own nets....”

2) Hebrews 3 – Read Only

3. **Tuesday** –

1) Psalm 142 – Read & Answer Below

- a) As this psalm opens it is clearly addressing the subject of prayer. It reads, “I \_\_\_\_\_ unto the Lord with my voice; with my voice unto the \_\_\_\_\_ did I make my \_\_\_\_\_.”
- b) Psalm 142:2 continues, “...I shewed before Him my \_\_\_\_\_.”
- c) The first phrase of Psalm 142:3 is very descriptive. It reads, “When my \_\_\_\_\_ was \_\_\_\_\_ within me, then Thou knewest my path.”
- d) The end of what verse contains the powerful phrase, “...no man cared for my soul?”
- e) Psalm 142:5 continues, “I cried unto Thee, O \_\_\_\_\_: I said, Thou art my \_\_\_\_\_....”
- f) In Psalm 142:6 the writer declares, “Attend unto my \_\_\_\_\_; for I am brought very \_\_\_\_\_....”
- g) The phrase, “...for thou shalt deal bountifully with me” is found in the last verse. What person is the “thou” referring to?

2) Hebrews 3 – Read & Answer Below

- a) What is the first word used in this chapter?
- b) According to the inspired text, what person is “the Apostle and High Priest” of the Christian’s profession?
- c) Who had/has more glory/honor “than Moses?”
- d) According to the inspired Scriptures, “...He that built all things is \_\_\_\_\_.”
- e) What are the first two words of Hebrews 3:5?
- f) What are the first two words of Hebrews 3:6?
- g) Hebrews 3:12 declares, “Take heed, \_\_\_\_\_, lest there be in any of \_\_\_\_\_ and evil heart of unbelief, in \_\_\_\_\_ from the living God.”
- h) Hebrews 3:13 begins, “But exhort one another \_\_\_\_\_....”

- i) Hebrews 3:14 tells us, “For we are made partakers of Christ, \_\_\_ we \_\_\_\_\_ the beginning of our confidence \_\_\_\_\_ unto the end.”
- j) What late verse says, “So we see that they could not enter in because of unbelief?”

4. **Wednesday** – .

1) Psalm 143 – Read & Answer Below

- a) Psalm 143:1 sets the tone. It reads, “Hear my \_\_\_\_\_, O Lord, give ear to my \_\_\_\_\_.”
- b) According to the first verse of this psalm, is God faithful and righteous?
- c) The beginning of what early verse finds the psalmist saying, “For the enemy hath persecuted my soul...?”
- d) Referencing back to that which was previously stated, Psalm 143:4 begins with the term, “Therefore.” It reads, “Therefore is my \_\_\_\_\_ within me; my \_\_\_\_\_ within me is desolate.”
- e) Referencing God’s amazing power and might, what beautiful verse contains the following, “...I meditate on all Thy works; I muse on the work of Thy hands?”
- f) Again referring to God, what verse contains the phrase, “...for in Thee do I trust...?”
- g) Psalm 143:10 states, “\_\_\_\_\_ me to do Thy \_\_\_\_\_; for Thou art my God...”
- h) This psalm ends with the penman saying, “...I am Thy \_\_\_\_\_.”

2) Hebrews 3 – Read & Word Study/Research

- a) According to Hebrews 3:2, what two people are specified as being “faithful?”
- b) Comparing and contrasting Moses to the greater Christ, Hebrews 3:6 reads, “But Christ as a son over His own house; whose \_\_\_\_\_ are we, \_\_\_ we hold fast the \_\_\_\_\_ and the \_\_\_\_\_ of the \_\_\_\_\_ firm unto the end.”
- c) What Old Testament Scripture is referenced in Hebrews 3:7-11?
- d) What Old Testament Scripture is referenced in Hebrews 3:15?
- e) Even though David penned Psalm 95, the writer of this book (when quoting from Psalm 95 in Hebrews 3:7) actually says that such was said by “the \_\_\_\_\_.”
- f) Read Hebrews 3:6, 14 and note the term “if.” Also, read Hebrews 3:12 and note the terms “Take, heed, brethren, lest” and “an evil heart of unbelief, in departing.” Does such language indicate that it is at least possible for a child of God to fall away?
- g) Read Hebrews 3:13. Is the deceitful nature of sin able to harden one’s heart if a person allows it?
- h) Does the inspired writer of Hebrews use Old Testament Israel (i.e., those who rebelled in the wilderness) as examples NOT TO FOLLOW?
- i) Did the Old Testament Israelites who rebelled against God (i.e., left God and His ways) enter into the promised-land?
- j) Will Christians who rebel against God (i.e., disobey God) enter into Heaven?
- k) How many times is the small yet powerful word “if” used in this chapter?

5. **Thursday** –

1) Psalm 144 – Read & Answer Below

- a) Psalm 144:1 reads, “Blessed be the Lord my \_\_\_\_\_....”
- b) Psalm 144:2 continues, “My \_\_\_\_\_, and my \_\_\_\_\_; my high \_\_\_\_\_, and my \_\_\_\_\_; my \_\_\_\_\_, and He in whom I \_\_\_\_\_....”
- c) In what verse does the psalmist address the brevity of man’s life by saying, “Man is like to vanity: his days are as a shadow that passeth away?”
- d) In descriptive fashion, the psalmist says that if God were to come down and touch the mountains that they (i.e., the mountains) would \_\_\_\_\_.
- e) How many times does the psalmist reference “strange children” (i.e., in the sense of being delivered from them)?
- f) What verse specifically mentions “David” by name?
- g) As this psalm obviously shows, David wishes for God to grant them deliverance from their enemies “so that” various blessings will follow. Along this line, in what verse does he say, “...that there be no complaining in our streets?”
- h) Psalm 144:15 is a beautiful verse. It reads, “Happy is that people, that is in such a case: yea, \_\_\_\_\_ is that people, whose God is the \_\_\_\_\_.”

2) Hebrews 4 – Read Only

6. **Friday** –

1) Psalm 145 – Read & Answer Below

- a) In this psalm, does David praise or question God?
- b) How many days does the psalmist say that he will bless and praise God?
- c) Psalm 145:3 reads, “Great is the \_\_\_\_\_, and greatly to be \_\_\_\_\_; and His greatness is \_\_\_\_\_.”
- d) Psalm 145:4 shows the great importance of teaching/training our children. It reads, “One generation shall praise Thy works to \_\_\_\_\_, and shall \_\_\_\_\_ Thy mighty acts.”
- e) Psalm 145:8 declares, “The Lord is \_\_\_\_\_, and full of \_\_\_\_\_; slow to \_\_\_\_\_, and of great \_\_\_\_\_.”
- f) Psalm 145:9 continues, “The Lord is \_\_\_\_\_ to all: and His tender \_\_\_\_\_ are over all His works.”
- g) Psalm 145:10 states, “All Thy works shall \_\_\_\_\_ Thee, O Lord; and Thy \_\_\_\_\_ shall bless Thee.”
- h) Referencing God’s great providential care, what verse declares, “Thou openest Thine hand, and satisfiest the desire of every living thing?”
- i) What verse in this chapter reads, “The Lord is nigh unto all them that call upon Him, to all that call upon Him in truth?”
- j) Psalm 145:20 tells us, “The Lord preserveth all them that \_\_\_\_\_ Him: but all the \_\_\_\_\_ will He destroy.”
- k) Psalm 145:21 is a fitting conclusion to this chapter of praise. It says, “My mouth shall speak the \_\_\_\_\_ of the Lord: and let \_\_\_\_\_ flesh bless His \_\_\_\_\_ for ever and ever.”

2) Hebrews 4 – Read & Answer Below

- a) What are the first four words of Hebrews 4:1?
- b) Hebrews 4:1 reads, “Let us therefore \_\_\_\_\_, lest, a promise being left us of entering into His rest, any of \_\_\_\_\_ should seem to \_\_\_\_\_ of it.”

- c) Looking at Hebrews 4:1 (especially in view of the context of Hebrews chapter 3), is it possible for a Christian to rebel/fall away/leave God and thus miss Heaven?
- d) In the King James Version, Hebrews 4:8 reads, “For if Jesus had given them rest...” In view of the context, other versions (i.e., American Standard Version 1901, etc.) and the similar nature of the name, what person is being spoken of in this passage?
- e) What verse in this chapter declares, “There remaineth therefore a rest to the people of God?”
- f) What are the first four words of Hebrews 4:11?
- g) Hebrews 4:11 reads, “Let \_\_\_ labour therefore to enter into that \_\_\_\_\_, lest any man \_\_\_ after the \_\_\_\_\_ of unbelief.”
- h) According to this chapter, who is our “great high priest?”
- i) What verse says of Christ that He was “in all points tempted like as we are, yet without sin?”
- j) Because of Jesus Christ, Hebrews 4:16 declares, “Let \_\_\_ therefore come \_\_\_\_\_ unto the throne of grace, that \_\_\_ may obtain \_\_\_\_\_, and find \_\_\_\_\_ to \_\_\_\_\_ in time of need.”

## 7. Saturday –

### 1) Psalm 146 – Read & Answer Below

- a) Psalm 146:1 tells us, “\_\_\_\_\_ ye the Lord. \_\_\_\_\_ the Lord, O my soul.”
- b) Psalm 146:2 tells us, “While I \_\_\_\_\_ will I \_\_\_\_\_ the Lord....”
- c) Psalm 146:3 begins, “Put \_\_\_\_\_ your \_\_\_\_\_ in....”
- d) After saying that man should NOT put his trust in humanity, in Psalm 146:5 the inspired psalmist writes, “\_\_\_\_\_ is he that hath the God of Jacob for his \_\_\_\_\_, whose \_\_\_\_\_ is in the \_\_\_\_\_ his God.”
- e) Beginning in Psalm 146:7, the text says that “The \_\_\_\_\_” is the one doing the wonderful things therein mentioned.”
- f) What verse tells us that it is the Lord that “...relieveth the fatherless and widow...?”
- g) Concerning God, in what verse does the text say, “...but the way of the wicked He turneth upside down?”
- h) What is the last phrase of this chapter?

### 2) Hebrews 4 – Read & Word Study/Research

- a) What early verse refers to the gospel being preached, but NOT profiting some?
- b) What Old Testament Scripture is referenced in Hebrews 4:3?
- c) What Old Testament Scripture is referenced in Hebrews 4:4?
- d) What Old Testament Scripture is referenced in Hebrews 4:5?
- e) What Old Testament Scripture is referenced in Hebrews 4:7?
- f) The end of what verse in this chapter contains the phrase “...lest any man fall after the same example of unbelief?”
- g) Hebrews 4:12 reads, “For the \_\_\_\_\_ of God is \_\_\_\_\_, and \_\_\_\_\_, and \_\_\_\_\_ than any two-edged sword, \_\_\_\_\_ even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a \_\_\_\_\_ of the \_\_\_\_\_ and \_\_\_\_\_ of the \_\_\_\_\_.”
- h) Is God/Christ omniscient (i.e., all-knowing)?

- i) We know Christ was tempted “in all points...like as we,” but did Christ ever sin?
- j) The short phrase, “let us” is found in how many verses in this chapter?